
		UNIVERSITY OF EAST SARAJEVO Faculty of Medicine					
		Study program: Medicine					
		Integrated academic studies		Year of study: V			
Full course title		PALLIATIVE CARE					
Department		Department of Primary Care and Public Health, Faculty of Medicine in Foča					
Course code		Course status		Semester		ECTS	
ME-02-2-055-9		elective		IX		1	
Teacher/s		Prof. MD, PhD					
Associate/s							
The number of teaching hours/ teaching workload (per week)				Individual student workload (in hours per semester)			Coefficient of student workload S₀¹
L	E	SP		L	E	SP	S₀
1	0	0		1*15*1	0*15*1	0*15*1	1
Total teaching workload (in hours, per semester) 1*15 + 0*15 + 0*15 =15				Total student workload (in hours, per semester) 1*15*1 + 0*15*1 + 0*15*1 = 15			
Total subject workload (teaching+student): 15+15=30hours per semester							
Learning outcomes		Upon completion of this course students will be able to: 1. Provide care to the terminally ill patient 2. Plan palliative care in cooperation with other team members (psychological, social and spiritual help) 3. Improve the quality of life of patients suffering from incurable disease, as well as of his/her family 4. Establish control over cancer pain and other patient's symptoms 5. Provide support to the patient and family					
General competences		They have adopted attitudes concerning medical ethics. They are acquainted with a specific diagnostic algorithm. They are capable of making appropriate therapeutic decisions. They are capable of acting in accordance with rational and scientific concepts and principles. They are eager to dedicate themselves to the field of medicine and accept responsibility for the physical, mental and social well-being of their patients. They are respectful to the patients regardless of their gender, age, race, social and economic status, education, culture or religion. They advocate for the patient's right to participate fully in medical treatment decisions, including the right to the refusal of care or participation in the process of education and scientific research. They are capable of expressing themselves and communicating in a manner that is both understandable and acceptable to the patient. They are prepared for accepting responsibility and appropriate medical decision-making. They are eager to collaborate with other medical professionals. They are able to achieve effective teamwork and develop leadership skills.					
Preconditions		Precondition for taking the exam: all of the fourth year exams passed					
Teaching methods		Lectures, colloquium, consultations, students' reports on their independent work					
Course content per week		Lectures 1. Basic principles, organization and philosophy of palliative care 2. The basics of communication 3. Breaking bad news 4. Ethical principles and the most frequent ethical dilemmas in clinical practice 5. Assessment of palliative care needs 6. Teamwork and cooperation in palliative care 7. Family 8. Neurological and psychiatric symptoms and conditions in palliative care 9. Chronic pain: assessment, basic guidelines and medications used for pain management. Complex pain. 10. Chronic nausea and vomiting; the use of a syringe pump in palliative care. Dyspnea, cough, skin, fistulas, lymphedema.					

¹ Coefficient of student workload S₀ is calculated as it follows:

a) for the study programs not going through the licencing process: S₀ = (total workload in semester for all of the subjects 900 hrs – total teaching workload L+E in semester for all of the subjects 870hrs) / total teaching workload L+E in semester for all of the subjects ____ hrs = _____. Consult form content and its explanation.

b) for the study programs going through the licensing process, it is necessary to use form content and its explanation.

	11. Anorexia/Cachexia syndrome. Use of corticosteroids in palliative care. Анорексија/кахексија синдром. 12. Obstipation/intestinal obstruction. Oral cavity care. 13. Emergencies in palliative care. 14. Care at the end of life. Death and dying in the modern world. 15. Mourning. Taking care of yourself. Ethical challenges at the end of life.			
Compulsory literature				
Author/-s	Publication title, publisher	Year	Pages (from-to)	
Julia Downing	Handbook for students in the subject of palliative care	2013	1-136	
Derek Doyle, Roger Woodruff	The IAHPC Manual of Palliative Care 3rd Edition	2013		
Additional literature				
Author/-s	Publication title, publisher	Year	Pages (from-to)	
Снежана Бошковић	Здравствена њега у онкологији	2012.		
Student responsibilities, types of student assessment and grading	Grading policy		Points	Percentage
	Pre-exam activities			
	lecture/exercise attendance		10	10%
	colloquium 1 (case presentation)		40	40%
	Final exam			
	test		50	50%
TOTAL		100	100 %	
Certification date	June 17th 2024			

* the number of necessary rows is added by using *insert mode*