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|  | | | **UNIVERSITY OF EAST SARAJEVO**  Faculty of Medicine | | | | | | | | | | |  | | | | |
| ***Study program: Medicine*** | | | | | | | | | | |
| Integrated academic studies | | | | | V study year | | | | | |
| **Full course title** | | | PALLIATIVE CARE | | | | | | | | | | | | | | | |
| **Department** | | | Department of Primary Care and Public Health, Faculty of Medicine in Foča | | | | | | | | | | | | | | | |
| **Course code** | | | | | | **Course status** | | | **Semester** | | | | | **ECTS** | | | | |
|
| МЕ-01-2-053-9 | | | | | | elective | | | IX | | | | | 1 | | | | |
| **Teacher/-s** | |  | | | | | | | | | | | | | | | | |
| **Associate/-s** | |  | | | | | | | | | | | | | | | | |
| **The number of teaching hours/ teaching workload (per week)** | | | | | | | **Individual student workload (in hours per semester)** | | | | | | | | | **Coefficient of student workload So[[1]](#footnote-2)** | | |
| **L** | **E** | | | | **SP** | | **L** | | | **E** | | **SP** | | | | **So** | | |
| 1 | 0 | | | | 0 | | 1\*15\*1 | | | 0\*15\*1 | | 0\*15\*1 | | | | 1 | | |
| Total teaching workload (in hours, per semester)  1\*15 + 0\*15 + 0\*15 =15 | | | | | | | Total student workload (in hours, per semester)  1\*15\*1 + 0\*15\*1 + 0\*15\*1 = 15 | | | | | | | | | | | |
| Total subject workload (teaching+student): 15+15=30 hours per semester | | | | | | | | | | | | | | | | | | |
| **Learning outcomes** | | Upon completion of this course students will be able to:   1. Provide care to the terminally ill patient 2. Plan palliative care in cooperation with other team meambers (psychological, social and spiritual help) 3. Improve the quality of life of patients suffering from incurable disease, as well as of his/her family 4. Establish control over cancer pain and other patient's symptoms 5. Provide support to the patient and family | | | | | | | | | | | | | | | | |
| **Preconditions** | | Precondition for taking the exam: all of the fourth year exams passed | | | | | | | | | | | | | | | | |
| **Teaching methods** | | Lectures, colloquium, consultations, students' reports on their independent work | | | | | | | | | | | | | | | | |
| **Course content per week** | | **Lectures**   1. Basic principles, organization and philosophy of palliative care 2. The basics of communication 3. Breaking bad news 4. Ethical principles and the most frequent ethical dilemmas in clinical practice 5. Assessment of palliative care needs 6. Teamwork and cooperation in palliative care 7. Family 8. Neurological and psychiatric symptoms and conditions in palliative care 9. Chronic pain: assessment, basic guidelines and medications used for pain management. Complex pain. 10. Chronic nausea and vomiting; the use of a syringe pump in palliative care. Dyspnea, cough, skin, fistulas, lymphedema. 11. Anorexia/Cachexia syndrome. Use of corticosteroids in palliative care. Анорексија/кахексија синдром. 12. Obstipation/intestinal obstruction. Oral cavity care. 13. Emergencies in palliative care. 14. Care at the end of life. Death and dying in the modern world. 15. Mourning. Taking care of yourself. Ethical challenges at the end of life. | | | | | | | | | | | | | | | | |
| **Compulsory literature** | | | | | | | | | | | | | | | | | | |
| **Author/-s** | | | | **Publication title, publisher** | | | | | | | **Year** | | | | **Pages (from-to)** | | | |
| Derek Doyle, Roger Woodruff | | | | The IAHPC Manual of Palliative Care 3rd Edition | | | | | | | 2013 | | | |  | | | |
| **Additional literature** | | | | | | | | | | | | | | | | | | |
| **Author/-s** | | | | **Publication title, publisher** | | | | | | | **Year** | | | | **Pages (from-to)** | | | |
|  | | | |  | | | | | | |  | | | |  | | | |
|  | | | |  | | | | | | |  | | | |  | | | |
| **Student responsibilities, types of student assessment and grading** | | **Grading policy** | | | | | | | | | | | | **Points** | | | | **Percentage** |
| Pre-exam activities | | | | | | | | | | | | | | | | |
| lecture/exercise attendance | | | | | | | | | | | | 10 | | | | 10% |
| colloquium 1 (case presentation) | | | | | | | | | | | | 40 | | | | 40% |
| Final exam | | | | | | | | | | | | | | | | |
| written test | | | | | | | | | | | 50 | | | | 50% | |
| TOTAL | | | | | | | | | | | | 100 | | | | 100 % |
| **Certification date** | | December 13 th 2018 | | | | | | | | | | | | | | | | |

\* the number of necessary rows is added by using *insert mode*

1. [↑](#footnote-ref-2)