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|  | | | **UNIVERSITY OF EAST SARAJEVO**  **Faculty of Medicine Foča** | | | | | | | |  | |
| ***Study program: Nursing*** | | | | | | | |
| I study cycle | | | | III study year | | | |
| **Full subject title** | | | PALLIATIVE HEALTH CARE | | | | | | | | | |
| **Department** | | | Department of Nursing - Faculty of Medicine Foča | | | | | | | | | |
| **Subject code** | | | | | **Subject status** | | | | **Semester** | | **ECTS** | |
| NU-05-1-037-6 | | | | | compulsory | | | | V | | 4 | |
| **Professor/ -s** | | Associate professor Jelena Pavlović, assistant professor Sandra Matović, assistant professor Natalija Hadživuković, assistant professor Mirza Oruč | | | | | | | | | | |
| **Associate/ -s** | | Senior assistant Srđan Živanović | | | | | | | | | | |
| **Number of lectures/ teaching workload (per week)** | | | | | | **Individual student workload (in hours per semester)** | | | | | | **Coefficient of student workload S** [**1**](#_bookmark0)  **o** |
| **L** | **E** | | | **SP** | | **L** | | **E** | | **SP** | | **So** |
| 2 | 2 | | | 0 | | 10 | | 10 | | 40 | | 0,33 |
| Total teaching workload (in hours, per semester) 30+30+0=60 | | | | | | | total student workload (in hours, per semester) 10+10+40=60 | | | | | |
| Total subject workload (teaching + student): 60+ 60= 120 hours per semester | | | | | | | | | | | | |
| **Learning outcomes** | | After attending and passing the exam:   1. The student will become familiar with the characteristics of malignant tumors and their behaviors, as well as the ways to assist patients during various comorbidities and complications that arise during oncological treatment. 2. The student will describe, understand, and analyze the key concepts and principles of palliative care 3. The student will identify the relationship between biological, cultural, and social aspects in health promotion and the disease process. 4. The student will explain how different health, anthropological, and social theories can provide care in accordance with social, economic, political, and cultural differences. 5. The student will recognize how individuals and groups within the healthcare system determine lifestyles, health, illness, and patterns of behavior 6. The student will explain the diversity of behaviors in seeking help when symptoms of illness arise 7. The student will also understand the types and forms of treatment for oncology patients in order to comprehend the dilemmas and problems faced by the patients, all with the aim of improving the quality of life of patients within the healthcare system.   Mastering the care and healthcare assistance for patients during the diagnostic phase and oncological treatment is essential, particularly acquiring the skill of caring for pressure ulcers, stomas, skin, and mucous membranes. | | | | | | | | | | |
| **Preconditions** | | No preconditions | | | | | | | | | | |
| **Teaching methods** | | Lectures, exercises, seminar, colloquium | | | | | | | | | | |
| **Subject content per week** | | **Lectures:**   1. Introduction to the health care of malignant diseases. 2. Nurse's duties in early detection, diagnosis, and treatment. 3. Psychosocial aspects of malignant diseases and nursing interventions. 4. Nursing care in surgical, radiotherapy, and chemotherapy treatments. 5. Introduction to palliative nursing care and the definition of palliative care according to the WHO. 6. The development of palliative care in our country and worldwide. 7. The organization and philosophy of hospices today. 8. Nursing interventions in palliative care through nursing diagnoses. 9. Nursing interventions in the care of the skin, oral cavity, and nursing interventions for constipation | | | | | | | | | | |

11Coefficient of student workload Sois calculated as follows:

а) for study programs not going thorugh the licensing process: So = (total workload in semester for all the subjects 900 h – total teaching workload L+E in semester for all subjects hrs/ total teaching workload L+E in semester for all subjects hrs = . Consult form content and its explanation..

b) for the study programs going through the licencing process, it is necessary to use form content and its explanation

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|  | 1. Nursing care in emergency situations in palliative care. 2. Pain management and nursing interventions. 3. Communicating bad news in palliative care. 4. Palliative care in the last 24 hours. 5. Psychosocial aspects of dying according to the theory of E. Kübler-Ross 6. Grief of the family   **Exercises:**   * 1. Definitions and basic concepts in palliative care.   2. Historical overview of the development of hospices and palliative care   3. Comprehensive assessment of a patient in need of palliative care   4. Psychological reactions in patients with palliative care needs.   5. Assistance in meeting the basic human needs of patients with palliative care needs   6. Procedures for managing and alleviating discomforting symptoms and suffering of patients in the terminal phase of illness.   7. Multidisciplinarity and interdisciplinarity in palliative care.   8. Emotional needs of patients in the terminal phase of illness and their families.   9. Ethical issues in palliative care.   10. Specificity of communication with patients in the terminal phase of illness and their families.   11. Communicating bad news / disclosing difficult information.   12. Support processes in palliative care through various communication styles.   13. Helping the patient cope with grief and death, psychosocial support for the patient.   14. Emergency situations in palliative care   15. Palliative care for patients in the final hours of life. Procedures for managing and alleviating discomforting symptoms and patient suffering. | | | | |
| **Compulsory literature** | | | | | |
| **Author/ s** | | **Publication title, Publisher** | **Year** | **Pages (from-to)** | |
| Patricia M. | | [Palliative and Hospice Nursing Care Guidelines](https://www.amazon.com/Palliative-Hospice-Nursing-Care-Guidelines/dp/0826144497/ref=sr_1_2?dib=eyJ2IjoiMSJ9.TIYgdbjXZZAePMJNlIcH6JWOyL8pHvggae_lE87iiRX7nPU-aeQVMMXL8FBf5IZsAZSkZYG--baACSmAsKdgADqVlpVP81-Ipl46Pyw17inRJs-Fzmu1gy2ofHeSksHzyLoidO95OqBobJNx1TQMndqa5JSoZEUxu79w9Kn9z6-nbCHgZQtrMaugbaG1Koeip_qN1yARmt6E_7LTEErHATObC4lEh633p7Tta-G0SOw.h0AVfbDHQ0LULmFCI0XRQXfR6i8jRJpmiruN7Ls0G10&dib_tag=se&qid=1733671567&refinements=p_28%3APalliative+Care&s=books&sr=1-2) | 2023. |  | |
| **Additional literature** | | | | | |
| Author/ s | | **Publication title, Publisher** | **Year** | **Pages (from-to)** | |
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| **Student responsibilities, types of student assessment and grading** | **Grading policy** | | **Points** | | **Percentage** |
| Pre-exam activities | | | | |
| Lecture / exercise attendance | | 20 | 20% | |
| Seminar paper | | 10 | 10% | |
| colloquium | | 20 | 20% | |
| Final exam | | | | |
| Final test | | 50 | 50% | |
| TOTAL | | 100 | 100 % | |
| **Certification Date** | December 2024. | | | | |