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|  | | | **UNIVERSITY OF EAST SARAJEVO**  Faculty of Medicine Foca | | | | | | | |  | |
| ***Nursing*** | | | | | | | |
| I cycle study | | | | IV year study | | | |
| **Full subject title** | | | HEALTH PROMOTION | | | | | | | | | |
| **Department** | | | Department of Primary Health Care and Public Health - Faculty of Medicine, Foča | | | | | | | | | |
| **Subject code** | | | | | **Subject status** | | | | **Semester** | | **ECTS** | |
| NU-05-2-050-8 | | | | | optional | | | | VIII | | 6 | |
| **Professor / - s** | | Associate professor Jelena Pavlović, assistant professor Sandra Matović, assistant professor Natalija Hadživuković | | | | | | | | | | |
| **Associate / - s** | |  | | | | | | | | | | |
| **Fund hours / teaching load ( weekly )** | | | | | | **Individually load student (in for hours semesterly )** | | | | | | **Coefficient student loads S** [**1**](#_bookmark0)  **o** |
| **L** | **AE** | | | **LE** | | **L** | | **AE** | | **LE** | | **S o** |
| 3 | 0 | | | 0 | | 135 | | 0 | | 0 | | 3 |
| in total teaching load (in for hours , semesterly ) 45+0+0=45 | | | | | | | in total student load (in for hours , semesterly ) 135+ 0 + 0=135 | | | | | |
| In total subject load ( teaching + student ): 45+135=180 hours semesterly | | | | | | | | | | | | |
| **Learning outcomes** | | Upon completing the course the student will be trained to:  Students will be equipped to identify health determinants, acquire knowledge and skills for promotional programs within nursing and primary healthcare . | | | | | | | | | | |
| **Preconditions** | | Passed subjects from the previous year of study | | | | | | | | | | |
| **Teaching methods** | | Lectures, seminar, colloquium | | | | | | | | | | |
| **Subject content per week** | | **Lectures:**   1. Definitions of health promotion, health actions, approaches to health promotion, classification of health status indicators . 2. Definition of health, dimensions of health, positive and negative health indicators; socio-economic health indicators; indicators of healthcare provision; health status indicators; state of social and psychological well-being. 3. Health for All in the 21st Century, the goals of 'Health 21' for the 21st century. 4. Differences between promotion and prevention, methods of health prevention 5. Health and environmental protection calendar 6. Promotion and improvement of health within the family 7. Promotion and improvement of health in schools 8. Health promotion in the workplace 9. Promotion of the need for good eating habits (risk factors related to nutrition problems, advice to patients on proper nutrition, malnutrition, obesity) 10. Promotion of the need for good habits in physical activity 11. Health promotion in primary healthcare (levels of prevention in healthcare, intersectoral cooperation ) 12. Center for preventive healthcare services in primary healthcare centers 13. Organizational structure of the center and implementation of health education interventions 14. Preventive card, record of health education work | | | | | | | | | | |

1  1 1 Coefficient of student workload S o is calculated as follows:

a) for study programs not going through the licensing process: With o = (total workload in semester for all the subjects 900 h - total teaching workload L+E in semester for all subjects hrs / total teaching workload L+E in semester for all subjects hrs = . Consult form content and its explanation ..

b) for the study programs going through the licensing process, it is necessary to use form content and its explanation.

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| **Mandatory literature** | | | | | |
| **Author / and** | | **Name publications , publisher** | **Year** | **Pages ( from-to )** | |
|  | |  |  |  | |
| Jakovljevic D, Grujic V. | | Social medicine . New Now : University in To the new one Sadu : in 2003 | 2003 |  | |
| **Supplementary literature** | | | | | |
| Author / and | | **Name publications , publisher** | **Year** | **Pages ( from-to )** | |
| Payne S, Waker J. | | The Psychology Mr Nursing Emperor. Edinburgh : Palgrave Macmillan; in 2012 | in 2012 |  | |
| Naidoo J, Wils JJ | | Public health and health promotion: developing practice. 2nd ed. Edinburgh: Bailliere Tyndall ; in 2005 | in 2005 |  | |
| **Obligations , forms checks knowledge and grading** | **Species evaluation of work student** | | **Points** | | **Percentage** |
| Pre-exams obligations | | | | |
| presence lectures | | 20 | 20% | |
| seminar | | 20 | 20% | |
| colloquium | | 10 | 10% | |
| Final exam | | | | |
| literate | | 50 | 50% | |
| TOTAL | | 100 | 100 % | |
| **The date certification** | December 2024. | | | | |